

EXPLORE YOUR VALUES



VALUES = WHAT IS IMPORTANT TO YOU?

Some examples are:

- Salary.
- Free time for family and leisure.
- The amount of contact with people.
- How many years of training are required

Before searching for a job, it's important to understand your values so you can find a company that could be the right match.

On the next page, choose one option for each of the 9 values statements listed.

From the statements chosen, my Values are:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.

1. I spend most of my time with people

I spend most of my time with equipment or ideas or paper

2. I have 2 or less years training

I have more than 2 years training

3. I like benefiting society and other people

I like focusing on my goals

4. I lead others and am responsible

I leave the tough calls to other people

5. I like being creative and coming up with new ways of doing things

I like following established ways of doing things

6. I am focus on one or two tasks

I like change and variety

7. I want a good salary I can depend on

I want to take the big gambles for big rewards!

8. I like having a set schedule for leisure time and family

I like work that includes travel or flexible work hours

9. I like working mostly indoors

I like working mostly outdoors